

Literature list

Course code: PH007F1
Course name: Psychological perspectives on health
Approved by: The board of the Department of Public Health Sciences
2022-05-31
Valid from: Autumn term 2022

Required reading

de Ridder, D., Kroese, F., Evers, C., Adriaanse, M., & Gillebaart, M. (2017). Healthy diet: Health impact, prevalence, correlates, and interventions. *Psychology & health*, 32(8), 907–941.

ARTICLE | ENGLISH | 38 PAGES

Floros, O., Axelsson, J., Almeida, R., Tigerström, L., Lekander, M., Sundelin, T., & Petrovic, P. (2021). Vulnerability in Executive Functions to Sleep Deprivation Is Predicted by Subclinical Attention-Deficit/Hyperactivity Disorder Symptoms. *Biological psychiatry. Cognitive neuroscience and neuroimaging*, 6(3), 290–298.

ARTICLE | ENGLISH | 9 PAGES

Gartland, D., Riggs, E., Muyeen, S., Giallo, R., Ofifi, T. O., MacMillan, H., ... Brown, S. J. (2019). What factors are associated with resilient outcomes in children exposed to social adversity? A systematic review. *BMJ Open*, 9(4), e024870.

ARTICLE | ENGLISH | 14 PAGES

Johnson, B. T., & Acabchuk, R. L. (2018). What are the keys to a longer, happier life? Answers from five decades of health psychology research. *Social Science & Medicine*, 196, 218–226.

ARTICLE | ENGLISH | 9 PAGES

Kecklund, G., & Axelsson, J. (2016). Health consequences of shift work and insufficient sleep. *BMJ (Clinical research ed.)*, 355, i5210.

ARTICLE | ENGLISH | 13 PAGES

Knittle, K., Nurmi, J., Crutzen, R., Hankonen, N., Beattie, M., & Dombrowski, S. U. (2018). How can interventions increase motivation for physical activity? A systematic review and meta-analysis. *Health psychology review*, 12(3), 211–230.

ARTICLE | ENGLISH | 19 PAGES

Ogden, J. (2019). *Health psychology: A textbook* (sixth edition). Selected parts: Chapters 1-5 & 11-13. McGraw-Hill Education.

BOOK | ENGLISH | ~200 PAGES

Pietromonaco, P. R., & Beck, L. A. (2019). Adult attachment and physical health. *Current opinion in psychology*, 25, 115–120.

ARTICLE | ENGLISH | 5 PAGES



Step toe, A. (2019). Happiness and health. *Annual Review of Public Health*, 40, 339-359.

ARTICLE | ENGLISH | 11 PAGES

Strickhouser, J. E., Zell, E., & Krizan, Z. (2017). Does personality predict health and well-being? A metasynthesis. *Health Psychology*, 36(8), 797-810.

ARTICLE | ENGLISH | 13 PAGES

Sundqvist, K., & Wennberg, P. (2022). Problem gambling and anxiety disorders in the general Swedish population—a case control study. *Journal of Gambling Studies*, 1-12.

ARTICLE | ENGLISH | 12 PAGES

Van Volkom, M. (2006). Sibling Relationships in Middle and Older Adulthood. *Marriage & Family Review*, 40:2-3, 151-170.

ARTICLE | ENGLISH | 19 PAGES

White, K., Issac, M. S., Kamoun, C., Leygues, J., & Cohn, S. (2018). The THRIVE model: a framework and review of internal and external predictors of coping with chronic illness. *Health psychology open*, 5(2), 1-14.

ARTICLE | ENGLISH | 14 PAGES

Yang, P., Tao, R., He, C., Liu, S., Wang, Y., & Zhang, X. (2018). The risk factors of the alcohol use disorders—Through review of its comorbidities. *Frontiers in Neuroscience*, 12, 303.

ARTICLE | ENGLISH | 5 PAGES