

COURSE LITERATURE

Developmental Psychology III – Adulthood and Aging, 7,5 ECTS
Utvecklingspsykologi III – Vuxenliv och åldrande, 7.5 Högskolepoäng

REQUIRED BOOKS

Either of the editions of the course textbook by Whitbourne (7th or 6th edition) below are acceptable to use in this course:

Whitbourne, S. K., & Whitbourne, S. B., (2020, July) *Adult Development and Aging, 7th Edition*, EMEA Edition. ISBN: 978-1-119-66745-2

Whitbourne, S. K., & Whitbourne, S. B., (2019, March) *Adult Development and Aging, 6th Edition*, EMEA Edition. ISBN: 978-1-119-58991-4

Chapters on Identity and Personality (in course schedule abbreviation is LFW & K)

*Ferrer-Wreder, L. & Kroger, J. (2019). [Identity in adolescence: The balance between self and other](https://doi.org/10.4324/9781315165806) (4th edition). London, England: Routledge. DOI: <https://doi.org/10.4324/9781315165806>

**An electronic edition of this book is available for free via the Stockholm University library's website; to find the book, put the book's title in the library main search field in quotation marks i.e., "identity in adolescence." For this course we will read chapters 4 and 8.*

Ljunggren. (2014). *Samtalet som psykologisk metod*. Lund: Studentlitteratur

REQUIRED JOURNAL ARTICLES

***All articles are available via PsychInfo (ProQuest) database from the Stockholm University library's website**

Required Articles on Emerging Adulthood *

Arnett, J. J. (2000). Emerging adulthood. A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469-480.

Côté, J., & Bynner, J.M. (2008). Changes in the transition to adulthood in the UK and Canada: The role of structure and agency in emerging adulthood. *Journal of Youth Studies*, 11(3), 251-268.

Required Chapter on Attachment

Granqvist, P., & Kirkpatrick, L. A. Attachment and Religious Representations and Behavior. *This is a chapter available in Athena.*

Required Articles on Successful Aging*

Rowe, J.W., & Kahn, R.L. (1997). Successful aging. *The Gerontologist*, 37, 433-440.

Rowe, J. W., & Kahn, R. L. (2015). Successful aging 2.0: Conceptual expansions for the 21st century. *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences*, 70B(4), 593-596. doi:<http://dx.doi.org/10.1093/geronb/gbv025>

Torres, S. (2006). Different ways of understanding the construct of successful aging: Iranian immigrants speak about what aging well means to them. *Journal of Cross-Cultural Gerontology*, 21(1-2), 1-23.

OPTIONAL READINGS – NOT REQUIRED BUT HELPFUL FOR

CASE STUDY ASSIGNMENT

**All readings listed below are available via PsychInfo (ProQuest) database from the Stockholm University library's website*

Optional Readings on Emerging Adulthood

Arnett, J. J. (2007) Emerging adulthood: What is it, and what is it good for? *Child Development Perspectives*, 1, 68 -73.

Côté, J. E. (2014). The dangerous myth of emerging adulthood: An evidence-based critique of a flawed developmental theory. *Applied Developmental Science*, 18, 177–188.

Padilla-Walker, L. M. & Nelson, L. J. (2017). (Eds.), *Flourishing in emerging adulthood: Positive development during the third decade of life*. New York, NY: Oxford University Press.

Swanson, J. A. (2016). Trends in literature about emerging adulthood: Review of empirical studies. *Emerging Adulthood*, 4(6), 391-402. doi: <http://dx.doi.org.ezp.sub.su.se/10.1177/2167696816630468>

Optional Readings on Midlife

Freund, A. M., & Ritter, J. O. (2009). Midlife crisis: A debate. *Gerontology*, 55(5), 582-591. doi:<http://dx.doi.org.ezp.sub.su.se/10.1159/000227322>

Jen, S. (2018). Sexuality of midlife and older women: A review of theory use. *Journal of Women & Aging*, 30(3), 204-226. doi:<http://dx.doi.org.ezp.sub.su.se/10.1080/08952841.2017.1295680>

Lachman, M. E. (2004). Development in Midlife. *Annual Review of Psychology*, 55, 305-31. doi:<http://dx.doi.org.ezp.sub.su.se/10.1146/annurev.psych.55.090902.141521>

Lachman, M. E. (2015). Mind the gap in the middle: A call to study midlife. *Research in Human Development*, 12(3-4), 327-334. doi: <http://dx.doi.org.ezp.sub.su.se/10.1080/15427609.2015.1068048>

Optional Readings on Successful Aging

Baltes, P.B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundations of developmental theory. *American Psychologist*, 52, 366-380.

Bowling, A., & Dieppe, P. (2005). What is successful ageing and who should define it?. *BMJ*, 331(7531), 1548-1551.

Martin, P., Kelly, N., Kahana, B., Kahana, E., Willcox, B. J., Willcox, D. C., & Poon, L. W. (2015). Defining successful aging: A tangible or elusive concept? *The Gerontologist*, 55, 14-25. doi: <http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu044>

Martinson, M., & Berridge, C. (2015). Successful aging and its discontents: A systematic review of the social gerontology literature. *The Gerontologist*, 55, 58-69. doi:<http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu037>

Urtamo, A., Jyväkorpi, S.K., & Strandberg, T.E. (2019). Definitions of successful ageing: a brief review of a multidimensional concept. *Acta Bio Medica: Atenei Parmensis*, 90(2), 359.

Whitley, E., Benzeval, M., Popham, F. (2020). Population priorities for successful aging: a randomized vignette experiment. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 75, 293-302. doi: 10.1093/geronb/gby060