COURSE LITERATURE

ADULT DEVELOPMENT 7,5 HP

REQUIRED COURSE LITERATURE

Either of the editions of the course textbook by Whitbourne (7th or 6th edition) below are acceptable to use in this course:

Whitbourne, S. K., & Whitbourne, S. B., (2020, July) *Adult Development and Aging, 7th Edition*, EMEA Edition. ISBN: 978-1-119-66745-2

Whitbourne, S. K., & Whitbourne, S. B., (2019, March) *Adult Development and Aging, 6th Edition*, EMEA Edition. ISBN: 978-1-119-58991-4

Publisher's website at the link below:
[Adult Development and Aging, 7th Edition, EMEA Edition | Wiley](#)

REQUIRED JOURNAL ARTICLES OR CHAPTERS

*All articles are available via PsychInfo (ProQuest) database from the Stockholm University library's website

Articles on Emerging Adulthood

Arnett, J. J. (2000). Emerging adulthood. A theory of development from the late teens through the twenties. *American Psychologist, 55*, 469-480.

Côté, J., & Bynner, J. M. (2008). Changes in the transition to adulthood in the UK and Canada: The role of structure and agency in emerging adulthood. *Journal of Youth Studies, 11*, 251-268.

Chapters on Identity and Personality (in course schedule abbreviation is LFW & K)

**Ferrer-Wreder, L. & Kroger, J. (2019). [Identity in adolescence: The balance between self and other](#) (4th edition). London, England: Routledge. DOI: https://doi.org/10.4324/9781315165806

Identity as life story (pp. 95-121) in course schedule LFW & K **chapter 4**

Identity beyond adolescence: What comes next? (pp. 190-205) in course schedule LFW & K **chapter 8**

**An electronic edition of this book (and chapters you should read from this book) is available for free via the Stockholm University library's website. You can find the book by putting the title in the library main search field in quotation marks, i.e., "identity in adolescence". You will only read chapter 4 and 8 from this book.

_**Articles on Successful Aging**_*

Rowe, J.W., & Kahn, R.L. (1997). Successful aging. *The Gerontologist, 37*, 433-440.

Rowe, J. W., & Kahn, R. L. (2015). Successful aging 2.0: Conceptual expansions for the 21st century. *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences, 70B*, 593-596. doi: http://dx.doi.org/10.1093/geronb/gbv025

Torres, S. (2006). Different ways of understanding the construct of successful aging: Iranian immigrants speak about what aging well means to them. *Journal of Cross-Cultural Gerontology, 21*(1-2), 1-23.

OPTIONAL – NOT REQUIRED READINGS

HELPFUL FOR CASE STUDY ASSIGNMENT

*These readings listed below are available via PsychInfo (ProQuest) database from the Stockholm University library's website

<u>Optional Readings on Emerging Adulthood</u>*

Arnett, J. J. (2007) Emerging adulthood: What is it, and what is it good for? *Child Development Perspectives, 1,* 68 -73.

Côté, J. E. (2014). The dangerous myth of emerging adulthood: An evidence-based critique of a flawed developmental theory. *Applied Developmental Science, 18*, 177–188.

Padilla-Walker, L. M. & Nelson, L. J. (Eds.), *Flourishing in emerging adulthood: Positive development during the third decade of life.* New York, NY: Oxford University Press.

Swanson, J. A. (2016). Trends in literature about emerging adulthood: Review of empirical studies. *Emerging Adulthood, 4*, 391-402. doi: http://dx.doi.org.ezp.sub.su.se/10.1177/2167696816630468

<u>Optional Readings on Midlife</u>*

Freund, A. M., & Ritter, J. O. (2009). Midlife crisis: A debate. *Gerontology, 55*, 582-591. doi:http://dx.doi.org.ezp.sub.su.se/10.1159/000227322

Jen, S. (2018). Sexuality of midlife and older women: A review of theory use. *Journal of Women & Aging, 30*, 204-226. doi:http://dx.doi.org.ezp.sub.su.se/10.1080/08952841.2017.1295680

Lachman, M. E. (2004). Development in midlife. *Annual Review of Psychology, 55*,305-31. doi:http://dx.doi.org.ezp.sub.su.se/10.1146/annurev.psych.55.090902.141521

Lachman, M. E. (2015). Mind the gap in the middle: A call to study midlife. *Research in Human Development, 12*, 327-334. doi: http://dx.doi.org.ezp.sub.su.se/10.1080/15427609.2015.1068048

<u>Optional Readings on Successful Aging</u>*

Baltes, P.B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundations of developmental theory. *American Psychologist, 52*, 366-380.

Bowling, A., & Dieppe, P. (2005). What is successful ageing and who should define it?. *BMJ*, *331*(7531), 1548-1551.

Martin, P., Kelly, N., Kahana, B., Kahana, E., Willcox, B. J., Willcox, D. C., & Poon, L. W. (2015). Defining successful aging: A tangible or elusive concept? *The Gerontologist, 55*, 14-25. doi: http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu044

Martinson, M., & Berridge, C. (2015). Successful aging and its discontents: A systematic review of the social gerontology literature. *The Gerontologist, 55*, 58-69. doi:http://dx.doi.org.ezp.sub.su.se/10.1093/geront/gnu037

Urtamo, A., Jyväkorpi, S.K., & Strandberg, T.E. (2019). Definitions of successful ageing: a brief review of a multidimensional concept. *Acta Bio Medica: Atenei Parmensis*, *90*(2), 359.

Whitley, E., Benzeval, M., Popham, F. (2020). Population priorities for successful aging: a randomized vignette experiment. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences, 75*, 293-302. doi: 10.1093/geronb/gby060

Whitley, E., Benzeval, M., Popham, F. (2020). Population priorities for successful aging: a randomized vignette experiment. *Journals of Gerontology. Series B, Psychological Sciences and Social Sciences, 75*, 293-302. doi: 10.1093/geronb/gby060

OTHER OPTIONAL READINGS

Chapter on Adult Attachment

Granqvist, P., & Kirkpatrick, L. A. Attachment and Religious Representations and Behavior. *This is a chapter available in Athena and is connected with Pehr Granqvist's lecture on attachment and spirituality*