

Reflection Instructions

"Reflection document" on degree project

In addition to the written Master thesis, a reflection document concerning the knowledge and skills acquired during the work on the degree project should be handed in to the examiner. The aims with the reflection are the following:

- reflect how the individual skills have developed under the degree project
- give a feedback to the examiner and the department on how well the process of carrying out the degree project worked and how the student own efforts affected the project execution and final result.
- give a feedback to the department on how well the masters programme as a whole succeeded with fulfilling the goals of the education

Instruction on how to write reflection document

Reflection document should consist of three parts:

1) Reflection on how the degree project is related to the goals of the masters programme:
Use the programme curriculum to discuss how your degree project corresponds to the programme goals. 2014-08-23

2) Reflection over your own work

Planning:

- Was the plan (research programme) of the project a good help for the work?
- Was enough time allocated for the planning?
- Were the conditions satisfactory?

- A degree project should correspond to some work contribution (1.5 hp = 1 week of full time work), how well that corresponded to your project?

Execution and report writing:

- was the time allocated in a satisfactory way?
- what was problematic and why?
- what you succeeded more than expected?
- were you adequately prepared to write a comprehensive report?
- did you have sufficient knowledge of language (English, other) ?
- are you happy with how you managed to do your thesis?

3) Reflection over subject content, knowledge, skills and attitude which were most useful during the work on the thesis

- which areas and courses during your education were most useful for the work on your degree project?

- which new knowledge and skill were necessary to acquire to perform the work on the thesis?

- do you feel well prepared for your future career?

The reflection document, to be accepted, should answer all the questions above and contain 2-4 pages. The student should send the reflection document in an electronic form to the examiner around the time of presentation of the master thesis.