

CURRICULUM VITAE

HELEN ERIKSSON

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ACADEMIC DEGREES

<i>Doctor of Philosophy in Demography</i> Stockholm University	2018
<i>Master of Political Sciences</i> Uppsala University	2009
<i>Bachelor of Science in Business and Economics</i> <i>Main subject: Economics</i> Uppsala University	2009

PROFESSIONAL POSITIONS

<i>Researcher (approx. 60% research, 40% teaching)</i> Department of Sociology, Stockholm University Stockholm University Demography Unit	2018 – Present
<i>Affiliated researcher</i> The Institute for Analytical Sociology (IAS), Linköping University	2020 – Present
<i>Doctoral Student in Demography</i> Department of Sociology, Stockholm University Stockholm University Demography Unit	2016 – 2018
<i>Research Coordinator</i> Department of Sociology, Stockholm University Stockholm University Demography Unit	2009 – 2016

PEER-REVIEWED JOURNAL ARTICLES

Eriksson, Helen and Martin Kolk. 2024. 'Parental Union Dissolution and the Gender Revolution', *Social Forces*. (<https://doi.org/10.1093/sf/soae079>).

Eriksson, Helen, Sunnee Billingsley, and Maria Brandén. 2022. 'Parental leave within the workplace: A re-assessment of opposite educational gradients for women and men', *Sociology*, 56(5): 1032-1044 (<https://doi.org/10.1177/00380385221109743>).

Rysz, Susanne, Jonathan Al-Saadi, Anna Sjöström, Maria Farm, Francesca Campoccia Jalde, Michael Plattén, Helen Eriksson, Margareta Klein, Roberto Vargas-Paris, Sven Nyrén, Goran Abdula, Russell Ouellette, Tobias Granberg, Malin Jonsson Fagerlund, and Johan Lundberg. 2021. 'COVID-19 pathophysiology may be driven by an imbalance in the renin-angiotensin-aldosterone system', *Nature Communications*, 12: 2417 (<https://doi.org/10.1038/s41467-021-22713-z>).

Rysz, Susanne, Johan Lundberg, Per Nordberg, Helen Eriksson, Björn Wieslander, Magnus Lundin, Alexander Fyrdahl, John Pernow, Martin Ugander, and Therese Djärv. 2020. 'The effect of levosimendan on survival and cardiac performance in an ischemic cardiac arrest model—A blinded randomized placebo-controlled study in swine', *Resuscitation*, 150: 113-20 (<https://doi.org/10.1016/j.resuscitation.2020.02.032>).

Eriksson, Helen. 2019. 'Taking turns or halving it all: care trajectories of dual-caring couples', *European Journal of Population*, 35: 191-219 (<https://doi.org/10.1007/s10680-018-9473-5>).

Thomson, Elizabeth, and Helen Eriksson. 2013. 'Register-based estimates of parents' coresidence in Sweden, 1969-2007', *Demographic research*, 29: 1153-86 (<https://doi.org/10.4054/DemRes.2013.29.42>).

Eriksson, Helen. 2011. 'The Gendering Effects of Sweden's Gender-neutral Care Leave Policy', *Population Review*, 50(1): 156-169 (<https://doi.org/10.1353/prv.2011.a433541>).

OTHER PUBLICATIONS

Eriksson, Helen. 2018. *Studies on Parental Leave and Co-residence using Swedish Register Data*. Stockholm University Demography Unit, Dissertation Series 17. Stockholm: Department of Sociology, Stockholm University (ISBN: 978-91-7797-266-2).

POLICY REPORTS

Eriksson, Helen and Maria Brandén. 2021. Från jämställda par till ojämsställda föräldrar: Rationella par eller begränsade val? [From equal couples to unequal parents: Rational couples or limited choices?]. *Stockholm Research Reports in Demography* 2021:01. Stockholm: Department of Sociology, Stockholm University.

Duvander, Ann-Zofie, Helen Eriksson and Ida Viklund. 2014. Uttagsmönster för föräldrapenning: Teknisk rapport med analyser av en version av data innan episoderna i MiDAS är skapade [Patterns in parental leave claims: Technical report with analyses of data prior to episode data in MiDAS] Delivered to the Swedish Social Insurance Agency.

Eriksson, Helen. 2009. Är det verkligen ekonomin som styr? En studie av ekonomiska drivkrafter vid vård av barn [Is Economy Most Important? A Study of Economic Incentives for Using Temporary Parental Leave for Care of Sick Children] *Working Papers in Social Insurance* 2009:1. Stockholm: Swedish Social Insurance Agency.

POPULAR SCIENCE

Eriksson, Helen. 2024. I par utan barn är hemarbetet jämställt [In childless couples, household chores are distributed equally between men and women]. *Forskning & framsteg: Forskarkommentar*. Stockholm: Stiftelsen Forskning & Framsteg.

Eriksson, Helen. 2023. Så upprätthåller både män och kvinnor ojämlikhet [This is how both men and women uphold inequality]. *Forskning & framsteg: Forskarkommentar*. Stockholm: Stiftelsen Forskning & Framsteg.

Eriksson, Helen. 2021. Från jämställda par till ojämställda föräldrar: Vad säger forskningen om varför kvinnor och män fördelar föräldraledigheten som de gör? [From equal couples to unequal parents: What does research say about why women and men divide parental leave the way they do?]. *TCO-rapport 2021 [Report series for the Swedish Confederation of Professional Employees 2021]*. Stockholm: The Swedish Confederation of Professional Employees.

Eriksson, Helen. 2021. Hur påverkas kvinnors och mäns inkomster när de får barn? [How are the incomes of women and men affected when they have children?]. *TCO-rapport 2021 [Report series for the Swedish Confederation of Professional Employees 2021]*. Stockholm: The Swedish Confederation of Professional Employees.

RESEARCH PROJECTS

Principal Investigator. A family decision? Population studies of parental leave at the gendered workplace. Financed by the Swedish Research Council for Health, Working Life and Welfare (Forte), 2022 – 2025.

Principal Investigator. When mother leave is ‘too short’ and father leave is ‘too long’: A survey investigation of parents’ perceptions of the ‘possible’ leave length at their work place. Financed by the Swedish Confederation of Professional Employees (TCO), 2020.

Principal Investigator. Why are fathers with the most to lose from an absence from the workplace also those who take most parental leave? Financed by the Swedish Research Council for Health, Working Life and Welfare (Forte), 2020 – 2021.

Project Member. Rising social inequalities and Swedish fertility decline. Financed by the Swedish Research Council for Health, Working Life and Welfare (Forte), 2021 – 2023.

Project Member. The Neighbourhood Revisited: Spatial Polarization and Social Cohesion in Contemporary Sweden. Financed by Riksbankens Jubileumsfond, 2019 – 2024.

Project Member. Migrant Trajectories: Geographical Mobility, Family Careers, Employment, Education, and Social Insurance in Sweden, 1990–2016. Financed by the Swedish Research Council for Health, Working Life and Welfare (Forte), 2017 – 2022.

Project Member. Stockholm University SIMSAM Node for Demographic Research, SUNDEM. Financed by the

Swedish Research Council (VR), 2009 – 2019.

Scientific Administrator. Stockholm University Linnaeus Center on Social Policy and Family Dynamics in Europe, SPaDE. Financed by the Swedish Research Council (VR), 2009 – 2019.

CONFERENCE CONTRIBUTIONS (selected)

Eriksson, Helen. *Is there a 'second shift' for women in Europe?* Poster presentation at the European Population Conference (EPC) 2024, June 13, Edinburgh, Scotland, UK.

Eriksson, Helen, Maria Brandén, and Flore Debruyne. *Older Managers and Younger Fathers: Can a Conservative Lag Explain Men's Low Levels of Care Work?* Presentation at the 2023 ECSR Annual Conference, September 19, Prague, Czech Republic. Poster presentation at the 2023 Annual Meeting of the Population Association of America, April 14, New Orleans, LA.

Eriksson, Helen and Martin Kolk. *Parental Union Dissolution and the Gender Revolution*. Presentation at the 22nd Nordic Demographic Symposium 2022, June 11, Oslo, Norway; European Population Conference (EPC) 2022, June 30, Groningen, the Netherlands; the Third Gender Economics Research Network Annual Workshop, September 26, 2023, Stockholm University, Sweden; and the 21st Conference of the European Divorce Network, October 12, 2023, Utrecht, the Netherlands. Poster presentation at the 2022 Annual Meeting of the Population Association of America, April 7, Atlanta, GA.

Eriksson, Helen. *Parental leave within the workplace: A re-assessment of opposite educational gradients for women and men*. Poster presentation at the 2017 Annual Meeting of the Population Association of America, April 27, Chicago, IL, presentation at the 20th Nordic Demographic Symposium 2017, June 15, Turku, Finland, and poster presentation at the 2017 IUSSP International Population Conference, November 1, Cape Town, South Africa.

Eriksson, Helen. *Taking Turns or Halving It All: Care Trajectories of Dual-Caring Couples*. Poster presentation at the 2015 Annual Meeting of the Population Association of America, April 30, San Diego, CA, and at the workshop 'Fathers' Involvement across the Life Course', Wissenschaftsforum Berlin, September 3, 2015, Germany. Presentation at LaCOSA II (the International conference on sequence analysis and related methods), June 9, 2016, Lausanne, Switzerland, and the European Population Conference (EPC) 2016, September 2, Mainz, Germany.

Thomson, Elizabeth and Helen Eriksson. *Register-based Estimates of Parents' Coresidence in Sweden, 1969-2007*. Presentation at the workshop on Research on Family Demography and Children's' Lives: Future Directions and Infrastructures, September 28, 2011, Stockholm University, Sweden; the workshop on Register-based Demographic Research, September 28, 2010, Stockholm, Sweden; and the 17th Nordic Demographic Symposium, June 17, 2010, Lund, Sweden.

Eriksson, Helen. *The Gendering Effects of Sweden's Gender-neutral Care Leave Policy*. Presentation at the 2010 Annual Meeting of the Population Association of America, April 15, Dallas, TX, and the 2009 Chaire Quetelet seminar, November 19, Université Catholique de Louvain, Louvain-la-Neuve, Belgium.

INVITED PRESENTATIONS (selected)

Eriksson, Helen. 2022. *Studying the gender revolution using register data*. Methodological unit at the Helsinki Institute for Social Sciences and Humanities, October 11.

Eriksson, Helen. 2021. *Introduktion: Normer och reformer för ett hållbart livspussel* [Introduction: Norms and reforms for a sustainable worklife balance]. Forum Jämställdhet [Forum Gender Equality], February 3, Stockholm.

Thomson Elizabeth, Gunnar Andersson, Helen Eriksson, and Martin Kolk. 2017. *Happenings in Demography at Stockholm University*. Demography Seminar (DemSem), May 2, Center for Demography and Ecology (CDE), University of Wisconsin-Madison.

Eriksson, Helen. 2015. *Föräldradedighetspusslet: Längd, delning och turtagning under barnets första två år* [Fitting the Parental Leave Pieces Together: Length, Sharing and Turn-taking in the Child's First Two Years]. Demografidagen 2015 [Demography Day 2015], May 20, Statistics Sweden, Stockholm.

Eriksson, Helen. 2011. *Samhällsdemografi och moderna data* [Social Demography and Modern Data]. Workshop on 'Nya befolkningsdata i forskningens tjänst' [New Population Data for Scientific Use], November 29, Umeå University, Sweden.

AWARDS AND SCHOLARSHIPS

Poster Award at the 2022 Annual Meeting of the Population Association of America for *Parental Union Dissolution and the Gender Revolution*.

Junior researcher grant from the Swedish Research Council for Health, Working Life and Welfare (Forte), 2022 – 2025 (5,960,000 SEK).

2021 Annual Best Experimental Study Award from the Swedish Society for Intensive Care Medicine for *COVID-19 pathophysiology may be driven by an imbalance in the renin-angiotensin-aldosterone system*.

Project financing from the Swedish Confederation of Professional Employees (TCO), 2020 (859,270 SEK).

Postdoc grant from the Swedish Research Council for Health, Working Life and Welfare (Forte), 2020 – 2021 (2,000,000 SEK).

Stipend from the Lydia and Emil Kinander foundation for participation in the 2017 IUSSP International Population Conference in Cape Town, South Africa (15,145 SEK).

Stipend from the Elisabeth and Herman Rhodin foundation for participation in EPC 2016 (European Population Conference 2016) in Mainz, Germany (10,437 SEK).

Poster Award at the 2015 Annual Meeting of the Population Association of America for *Taking Turns or Halving It All: Care Trajectories of Dual-Caring Couples*.

2009 Annual Master's Thesis Award of the Uppsala Political Science Association for *Är det verkligen ekonomin som styr? En studie av ekonomiska drivkrafter vid vård av barn* [Is Economy Most Important? A Study of Economic Incentives for Using Temporary Parental Leave for Care of Sick Children].

SUPERVISION DOCTORAL THESIS

Main supervisor for Flore Debruyne, Department of Sociology, Stockholm University, 2022 – Present

ACADEMIC SERVICE

Member. Council for Work Environment and Equal Conditions of the Department of Sociology, Stockholm University. 2023 – Present

Coordinator. FamChange (Database of Swedish register data). 2019 – 2022.

Elected member. 'TCO:s akademi för framtidens arbetsmarknadsforskare' [The Academy for Future Labor Market Researchers of the Swedish Confederation of Professional Employees]. 2019 – 2020.

Treasurer and Board Member. Swedish Demographic Association. 2013 – 2020.

Treasurer and Board Member. Nordic Demographic Society. 2013 – 2020.

Coordinator. Sweden in Time: Activities and Relations (Database of Swedish register data), Stockholm University Demography Unit and Swedish Institute for Social Research. 2009 – 2020.

Member. Focus group for the development of the metadata resource RUT, Register Utilizer Tool, at the Swedish Research Council (VR). 2015.

Conference Coordinator and Member of the National Executive Committee. The European Population Conference 2012. 2009 – 2012.

Referee. Acta Sociologica; American Sociological Review; Advances in Life Course Research; Demographic Research; European Sociological Review; Families, Relationships and Societies; Genus; Humanities and Social Sciences Communications; International Journal of Social Welfare; Journal of Family Issues; Journal of Marriage and Family; Journal of Public Policy; Population, Space and Place; Scandinavian Journal of Public Health; Social Policy & Administration.

TEACHING

Courses

Course Coordinator and Lecturer, Introduction to Quantitative Research Design (7.5 ECTS). 1st semester in the Master's program in Applied Social Research. 2020 – Present (four semesters).

Content: Quantitative research design with a focus on causality theory.

Course Coordinator and Lecturer, 'Databearbetning och rapportskrivning' [Data management and report writing] (15 ECTS). 5th semester in the Bachelor's program in Applied Social Research. 2021 – Present (seven semesters)

Content: Data management and analysis. Academic writing.

Course Coordinator and Lecturer, 'Forskningsdesign och analysmetoder' [Research design and method of analysis] (15 ECTS). 5th semester in the Bachelor's program in Applied Social Research. 2021 – 2023 (five semesters)

Content: Literature review, research design and questionnaire design.

Course Coordinator and Lecturer, 'Kvantitativ metod i praktik och teori' [Quantitative Methods in Practice and Theory] (7.5 ECTS). 5th semester in the Bachelor's program in Diversity Studies, Department of Ethnology, History of Religions and Gender Studies. 2021 – 2023 (three semesters).

Content: Quantitative research design. Basic statistics.

Course Coordinator and Lecturer, 'Utvärderingsmetoder' [Evaluation Methods] (4.5 ECTS). 5th semester in the

Bachelor's program in Applied Social Research. 2018 – 2020 (five semesters).

Content: Evaluation models, causality theory, research ethics.

Seminar teaching, 'Modern sociologisk teori' [Modern Sociological Theory]. 5th semester undergraduate sociology. 2019 – 2020 (three semesters).

Content: Historical sociology, Bourdieu, Foucault, Feminist Theory, Critical theories of race and racism, Queer theory, Giddens, Habermas.

Seminar teaching, 'Klassisk sociologisk teori' [Classical Sociological Theory]. 2nd semester undergraduate sociology. 2018 – 2020 (four semesters).

Content: Marx, Weber, Durkheim, Simmel, Interactionism, Functionalism, Theories of difference (gender, race, sexual orientation).

Seminar teaching, 'Sociologisk analys' [Sociological Analysis]. 1st semester undergraduate sociology. 2016 – 2018 (five semesters).

Content: Qualitative and quantitative methods. Basic univariate and bivariate analysis.

Theses: Supervision and Grading

Supervised 10 Bachelor's and 1 Master's Theses in Sociology. 2016 – Present.

Graded 19 Bachelor's and 3 Master's Theses in Sociology. 2016 – Present.

Pedagogical training: Courses

Professional development for university teaching staff 1 and 2 [Universitetslärarutbildning 1 och 2], 15 ECTS (10 weeks full-time).

Research supervision – theory and practice, 3 ECTS (2 weeks full-time).

Pedagogical training: Seminars and workshops

Workshops given by the Centre for the Advancement of University Teaching, Stockholm University: *Seminar teaching: Challenges and possibilities, Develop your teaching and assessment practices, Tact and the pedagogical relation* and *Sharpen your presentation technique*. Course modules given by the Department of Philosophy, Stockholm University: *Introduction to research ethics* and *Informed consent*.

Pedagogical development: Invited presentations

Presentations at the 'Pedagogical lunch seminar' at the Department of Sociology, Stockholm University:

Teaching in quantitative methods and *Undergraduate Supervision – in theory and practice*.

Total teaching hours: Approximately 3200 hours (equivalent to 2 years full-time).

OUTREACH (selected)

Outreach generated through *Parental union dissolution and the Gender Revolution*

Interview for media outlet "Tidningen Vi".

Outreach generated through Forte project *A family decision? Population studies of parental leave at the gendered workplace:*

Interview and contribution to March 8 campaign for United Nations Global Compact Network Sweden. Hosting of a delegation of Members of the Korean National Assembly within the parliamentary committee Korean Parliamentary League on Children, Population and Environment (CPE), including the former Minister of Unification Mr. Lee In-young, on the topics population issues and child welfare. Interviews for media outlets "Tidningen Arbetsliv", "Aktuellt i politiken", "Morgonbris", "Dagen", "Östgöta Correspondenten" and "Het Financierede Dagblad" (the Netherlands). Research results reported in Dagens Nyheter and forskning.se.

Interview for policy-makers in the “Scientific Bureau of the Socialistische Partij (Dutch Socialist Party)”.
Interview for the documentary “50 years of parental leave”.

Outreach generated through project *From equal couples to unequal parents* together with TCO [The Swedish Confederation of Professional Employees]:

- The policy report *From equal couples to unequal parents: What does research say about why women and men divide parental leave the way they do?* generating press reports in the outlets Aftonbladet, Arbetarbladet, Tidningen Ångermanland, Vision, Arbetsvärlden and Nyheter24 (web) and broadcast reports in SVT Rapport and SVT Morgonstudion.
- The policy report *How are the incomes of men and women affected when they have children?* generating press reports in Publikt, Arbetsvärlden and Kollega and contributions to a seminar at Studieförbundet Näringsliv och Samhälle (SNS).
- An episode entitled *Pappaledighetsparadoxen* [The father leave paradox] for the podcast Arbetsvärlden together with Britta Lejon, Chairperson of the trade union ST [The Union of Civil Servants] and Samuel Engblom, Head of Social Policy at TCO.
- A seminar at Forum Jämställdhet [Forum Gender Equality] entitled *Normer och reformer för ett hållbart livspussel* [Norms and reforms for sustainable worklife balance] together with, among others, Therese Svanström, Chairperson of TCO and Ardalan Shekarabi, Minister for Public Administration in the Swedish government.

Outreach generated through Forte Postdoc grant *Why are fathers with the most to lose from an absence from the workplace also those who take most parental leave?:*

Interviews for media outlets Dagens Nyheter, Sydsvenskan, SVT Nyheter, Dagbladet Børsen (Denmark) and Forte Magasin.

Outreach generated through dissertation *Studies on Parental Leave and Co-residence using Swedish Register Data:*

Live interview in Studio Ett in Sveriges Radio, Ekonomistudion for Svenska Dagbladet, Aftonbladet TV and TV3. Interviews for media outlets Dagens Nyheter, Svenska Dagbladet, SVT Nyheter, Länstidningen Östersund, Vi föräldrar, Forskning.se (web), ARD German Radio – Norddeutscher Rundfunk Hamburg (Germany), De Morgen (Belgium), Forskning.no (Norway) and Ledernett (Norway).